

CHINMAYA MISSION

CMT

2026 Chinmaya Gita Chanting Competition

MANUAL

CHINMAYA AMRIT MAHOTSAV 75 years

CHANT . STUDY . KNOW . LIVE

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Message from Pujya Swamiji

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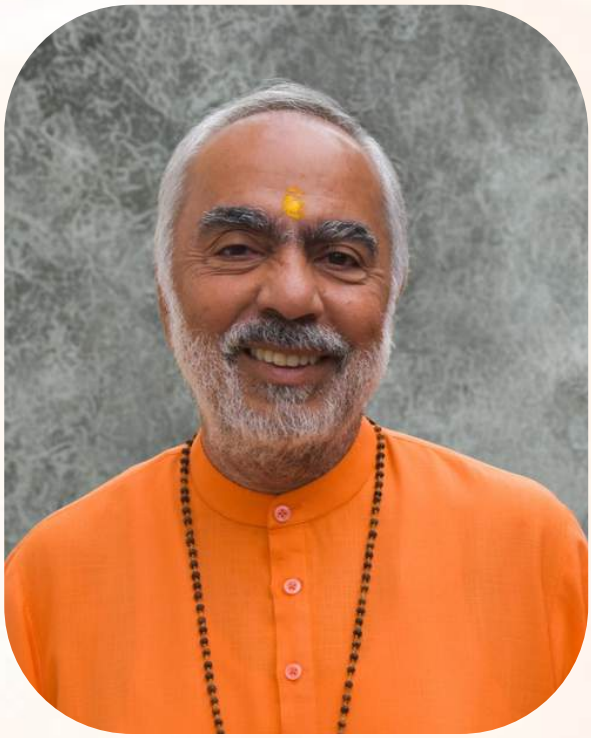

Swamins, Brahmacharins, Centres and Members of Chinmaya Mission Worldwide

Dear All,

Hari Om!

Pujya Gurudev Swami Chinmayananda, the revered Gita Acharya, brought forth the living essence of the Bhagavad Gita and made its timeless wisdom accessible and relatable to all. He understood that this Truth, planted early in young minds, becomes a lifelong strength. From that vision arose the **Chinmaya Gita Chanting Competition (CGCC),** first nurtured through **Chinmaya Bala Vihar** and now embraced across **Chinmaya Mission Centres** worldwide.

CGCC reflects the Chinmaya approach of **Chant, Study, Know, Live.** It is not merely a test of memory, but a disciplined training that refines attention, speech and reverence for the scriptures. Through regular practice, the Gita becomes familiar and its message gradually begins to influence thought, conduct and values.

The year 2026 is especially significant as we enter **Chinmaya Amrit Mahotsav.** This year's journey includes the **National Finals in November** and the **International Finale in December.**

Each Centre must take full ownership of this offering, ensuring every child is supported by trained Swamins, Brahmacharins and teachers, with the loving cooperation of parents.

May this initiative reach far and work deep and may CGCC be a worthy tribute to Pujya Gurudev and the Chinmaya spirit in this 75th year of the Chinmaya Movement.

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Swarupananda

Objectives

1. To enable people of all age groups and backgrounds to become familiar with and systematically learn the shlokas of the Bhagavad Gita.
2. To carry forward, in an organised and dynamic manner, the global vision initiated by Pujya Gurudev.
3. To implement the Gita Chanting Competition through a structured annual framework that ensures meaningful engagement with schools and the wider community.
4. To expand the Mission's collective outreach to families nationwide while maintaining uniform standards and coordination across all Centres of Chinmaya Mission.

Request to Users

In this manual, global practices/procedures, which are presently practiced and followed, have been collated and presented in the form of guidelines. The aim is to enable the members of the local teams to understand the rules and regulations to be followed clearly and apply them effectively while conducting the competition.

Kindly share all the updates and inputs or feedback if any to **chantgita@chinmayamission.com**

The Organisation

The planning of the competition will be done by a team of sevaks called as **Chinmaya Gita Chanting Competition Central Team (CGCCCT)** and supported by CCMT. Guidelines will be issued by February every year to all the Centres regarding the rules and regulations to be followed during the year for the competition. CGCCCT will also notify of the relevant chapter of the Bhagavad Gita identified for the competition for that year.

The Central Team (CGCCCT) will consist of the following members:

1. Members from CCMT
2. North Zone coordinator from amongst Centres in North India
3. East Zone coordinator from amongst Centres in East India
4. West Zone coordinator from amongst Centres in West India
5. South Zone coordinator from amongst Centres in South India
6. Coordinators for USA
7. Coordinators for UK
8. Coordinators for Middle East countries
9. Coordinator for Far East countries
10. Coordinator for Australia
11. Any other member co-opted.

The details of the coordinators are given at the end of the document in **Annexure 14.**

Role of the Central Team

- Decide on the chapter to be taken up for the year, as guided by Pujya Swami Swaroopananda, Global Head
- Frequency of Nationals and Internationals to be decided.
- Prepare the requisite resource materials which can be used by Centres to train sevaks and interested participants.
- Provide guidelines for the conduct of the competition which includes timelines, chapter, evaluation criteria, details of prizes, templates for certificates, etc.
- Templates for publicity and promotion materials which **should be used solely** for Chinmaya Gita Chanting Competition (CGCC) branding purposes.
- Create a database of students through online registration facility in a suitable format starting at the District Level.
- Zonal Coordinators to meet in advance to finalise the agenda and key discussion points for a meeting with State Coordinators in March, in order to clearly communicate the plan of action for the current year.
- Create a framework for physically organising the competition at the Centres.

Resources

The prescribed chapter is systematically divided and specific verses are assigned to each category. For details relating to categories and verse distribution, please refer to the section on **Preliminary Level Competition.** Final Competitions are conducted for participants qualifying at the Preliminary Level.

All events and activities are to be carried out under the guidance of the Local Chinmaya Gita Chanting Competition (LCGCC) Coordinators, in consultation with the Central Team. This should also be discussed at the Executive Committee level, keeping all Office Bearers informed.

Standardisation
To maintain a uniform standard of chanting across all Centres, participants are to prepare strictly from the officially shared text and audio resources. This will assist in preserving uniformity and alignment across the competition and must include standardisation in verses, evaluation, resources and chanting.

CGCC 2026 – Approved Chapter
For the year 2026, **Chapter 12 – Bhagavad Gita** is the prescribed Chapter for evaluation in the Competition.

In addition, during this Chinmaya Amrit Mahotsav year, **the Gita Panchamrit** (Five Selected Verses) is included for memorisation by all students, in keeping with Pujya Swami Swaroopananda ji's guidance that these verses reach all. It **will not be evaluated.** The existing marking criteria remain unchanged.

Text & Official Audio Resources:

Text	Shloka (Downloadable)	Official Chanting Audio
EVALUATION		
Chapter 12: Bhagavad Gita	**Annexure 15.1**	Chapter 12 Audio

Text	Shloka (Downloadable)	Official Chanting Audio
MEMORISATION (Not Evaluated)		
Gita Panchamrit (Five Verses)	**Annexure 16**	Gita Panchamrrit Audio

Action Milestones

Feb to June

FOUNDATION & PREPARATION

Planning & Structuring
- Budget finalisation & fundraising
- Core team formation (Centres/Judges)
- Finalise competition dates (all levels)
- Venue booking

Launch & Communication
- Registration opens
- Publicity & outreach to schools
- Communication on district/state progression
- Poster release (by February)

Capacity Building
- Training sessions for Sevaks, Judges & Teachers

July to Dec

EXECUTION & CONSOLIDATION

Competition Rounds
- School/Centre/State rounds (June–Oct)
- Preliminary round evaluation (Nationals/ Internationals – Nov–Dec)

Results & Logistics
- Final results compilation
- Prize distribution planning
- Travel & accommodation planning (next level finalists)

Governance & Reporting
- State-level reports to Central Team (by November)
- Finalisation & briefing of Judges (by October)
- Data collection / contribution forms

Follow Up - Jan

DOCUMENTATION & REVIEW

Closure & Forward Planning
- Documentation & data consolidation
- Review meeting & feedback analysis
- Follow-up initiatives
- Way forward planning

The above timelines will be shifted to September-May sessions for USA Centres

For detailed timelines, please refer to **Annexure 13**

Local Level Organisation

ROLE OF THE CHINMAYA GITA CHANTING COORDINATOR

Each Centre shall appoint a Chinmaya Gita Chanting Coordinator (CGCCC) to oversee the implementation of the Competition at the local level.

The Coordinator shall:

- Form an appropriate local team and ensure adherence to the timelines, guidelines and standards issued by the Central Team.
- Facilitate the training process by preparing trainers who will train students in Schools and other Institutions.
- Plan and ensure the smooth conduct of the competition at all stages.
- Work to expand participation within the framework laid down by the Central Team.
- Exercise decision-making authority, as prescribed by the State Coordinator, for the efficient conduct of the Competition locally.

REPORTING RESPONSIBILITY

The Coordinator shall submit a consolidated report after completion of the finals at the State level.

As per Pujya Swami Swaroopananda ji's guidance, timely and accurate reporting is essential as reports are consolidated at State and Global levels.

This enables:

- Assessment of the Competition's reach and impact
- Identification of best practices
- Improved planning for future editions
- Consistency and transparency across Centres

Reporting therefore strengthens both the local Centre's efforts and the Global Mission of the Competition.

Planning & Budgeting

National and International level Competitions are scheduled to be held in 2025 and 2026 respectively.

The planning process for each year should ideally commence at least eight to nine months prior to the targeted date of the Final Competition, to ensure adequate preparation, coordination and smooth execution.

Since the events/ activities involved in CGCC are largely predictable, they are to be planned in advance, so that the team gets an overview of the entire project in the beginning itself. This phase starts with identifying, meeting and training of the LGCC coordinator and core team volunteers committed to offering their seva for this project.

The agenda of these meetings should include the following:

- Set a target in terms of number of students to be reached through CGCC in a given year.
- Convey the chapter of the Bhagavad Gita identified for competition by the Central Team, under the guidance of the Global Head.
- Announce age-wise breakup of the portion to be memorised for the competition.
- Decide on the contribution towards Registration for the competition.
- Adequate resources (human and finance) to be allotted for District, State, National and International level competitions.
- Number of prizes to be given per category.
- Prepare an estimate of budget for the project, as the competition will extend to Nationals and International levels in the year 2026.
- Prepare a calendar of major events.
- Identify the team members, forming departments and allotment of duties.

Preparing an estimate or budget for the project

The budget for the project must consider the fixed costs and variable costs (depending on the target number of students) involved in the project. It must be decided in a manner so that the project is not only self-sufficient but also generates some surplus as donation to the Centre.

Considering that the National events and the International events are in 2026, we request all Global Chinmaya Mission Centres to align their dates and schedules with those established in Bharat. This coordination will ensure a unified and impactful observance of these significant occasions worldwide.

A format for estimate/budget is provided below as a guideline. Necessary changes can be made as required.

Fixed Cost

Essential Activity	Approximate Cost (INR)
1. Printing Registration forms (based on target)	
2. Prizes	
3. Posters for notice boards of Schools/Institutes	
4. Banners to be placed in Centre's premises	
5. Judge's kit	
6. Overheads (Venue and other charges related to Venue – sound system, mementos)	
7. Booklet printing	
8. Publicity	
9. Travel costs	
TOTAL	

Optional Activity	Approximate Cost (INR)
1. Advertisement Banners	
2. Newspaper handouts	
3. Venue bookings - Fixed	
4. Snacks/Refreshments for Students/Volunteers of miscellaneous round and final round	
TOTAL	

Variable Cost

Essential Activity	Approximate Cost (INR)
1. Printing invitation letters and thank you letters	
2. Printing guideline documents for Judges/Teachers	
3. Printing certificates	
4. Conveyance for Teachers and Judges	
5. Gifts to Teachers and Judges	
6. Gifts to School Co-ordinators	
7. Gifts to Volunteers	
8. Any other point	
TOTAL	

Optional Activity	Approximate Cost (INR)
1. Copies of Bhagavad Gita for all students	
2. Token of appreciation to the Sponsors	
3. Token of appreciation for the students	
TOTAL	

Conduct of the Competition

The students are segregated into categories/groups based on their age and the number of verses to be chanted. A standard categorisation is usually given, but for this year, for the chosen **Chapter 12**, the Group Categories are given below.

Group	Standards / Grades / Classes	Verses
A	Nursery, Kindergarten (lower and upper)	6
B	1 and 2	10
C	3 and 4	14
D	5 and 6	16
E	7, 8 and 9	18
F	10, 11 and 12	20

For each of the categories, the number of shlokas for the competition is specified in advance. **LCGCC (Local Chinmaya Gita Chanting Competition)** is held in the form of two rounds - preliminary round and final round till the State Level. Preliminary round is usually conducted at the respective School/Institute so that maximum students at the school can be accommodated.

For the students who do not register through any School/Organization but register with the Centre directly (for example, our Bala Vihar children), an open individual round is conducted at the Centre. The date for the open round is kept after the preliminary round for all the Schools/Institutes are completed, so that the students who have registered through their respective Schools/Institutes but missed attending the preliminary round at their Schools/Institutes, can also be accommodated in the miscellaneous round.

A proposed schedule for the various activities in the local Centres is given below:

S. No.	Steps to be followed	Time Period
1	Preliminary Communication	Month 1
2	Detailed Communication including Brochure	By middle Month 2
3	Workshops for students / teachers	Month 2 - 3
4	Registration	Month 2 - 4
5	Primary Level Competition	Month 4 - 7
6	Open Individual Round Entry	Month 6 - 7
7	Finals	By Month 9
8	State Level – Competition & Prize Distribution	Month 10
9	National Level Competition at Chinmaya Vibhooti	Month 11
10	International Level Competition at Chinmaya Vibhooti	Month 12

Suitable adjustments in dates to be made in
USA (Sept to June) and in
Bharat (May to Nov) and **similarly in other countries.**

Guidelines for Judges

- A minimum of **two Judges** (preferably three) shall be appointed for each category of the Competition.
- Only the **official learning aids** (audio and PDF script) circulated by the CGCC Central Team shall be treated as the standard reference for evaluation.
- Judgement by every Judge shall be **independent and impartial.** Judges must not discuss participant performance or scoring with one another during the evaluation process.
- All Judges to keep the scores of all students confidential, disclosing them only to the designated Coordinator. This measure is crucial to maintain the integrity and fairness of the evaluation process.
- In the case of prompting (where applicable) and dodging, **only one designated Judge** at a time in the team shall give the cue. The National guidelines are to be followed.
- All Judges must be briefed 30/60 days in advance prior to the commencement of the Competition regarding rules, marking criteria and procedures. A reminder briefing should be done, one day prior to the competition.
- For National and International levels, Judges should preferably have prior judging experience in that year's Competition cycle to ensure consistency and familiarity with standards.

Preliminary Round = 100 Marks

GROUP 1:
Centres which have memorisation:

- Memory: 45 marks
- Pronunciation: 30 marks
- Presentation: 15 marks
- Meter / Tune: 10 marks

GROUP 2: (OPTIONAL)
Centres which also allow reading for specific age groups:

- Pronunciation: 60 marks
- Presentation: 30 marks
- Meter / Tune: 10 marks

Final Round = 100 Marks

STATE & NATIONAL LEVELS

GROUP 1:
Centres which have memorisation:

- Memory: 40 marks
- Pronunciation: 40 marks
- Presentation: 10 marks
- Meter / Tune: 10 marks

Final Round = 100 Marks

INTERNATIONAL LEVELS

- Memory: 35 marks
- Pronunciation: 45 marks
- Presentation: 10 marks
- Meter / Tune: 10 marks

Evaluating Memory

Purpose: To assess accuracy and completeness in recalling the assigned verses.

- **Dodging Method:** Judges can request chanting from a different verse by giving only the *first pāda* (quarter) as a cue.
- Cues must be articulated clearly, *not* chanted. Verse numbers must *not* be mentioned.

Note:
Marks should be given only for verses — not for chapter titles or opening/closing invocations (e.g., "Om Śrī Paramātmanē Namaḥ", "Śrī Bhagavān Uvāca," or "Om Tat Sat") or even personalised introductions by students.

Evaluating Pronunciation

Purpose: To evaluate Sanskrit precision and adherence to the official audio standard.

Distinguish correctly between:

- Alpapraṇas and Mahāpraṇas (light vs. aspirated consonants)
- Short and long vowels (e.g., अ / आ, इ / ई, उ / ऊ)
- Nasal consonants (न, ण, ङ, ञ)
- Anusvāra (ṃ) and Visarga (ḥ)
- Sibilants: स, श, ष

Official Reference:
The official audio of the selected Chapter shared for the Competition will be referred to while the evaluation is done during the competition. Judges must follow it exactly, even if it differs slightly from classical pronunciation (e.g., prāṇinām vs prāṇinān).

Evaluating Presentation

- **Confidence:** Students to maintain a steady posture throughout, without fidgeting or swaying.
- **Voice and Pace:** Chanting is to be rendered in a clear and steady pace, neither hurried nor slow.
- **Body Language:** Students should be encouraged to chant with eyes open and with a smile.

Evaluating Meter / Tune

- Chanting must match the official reference audio in tune and rhythm.
- Avoid prose-style or flat recitation.
- Any deviation from the prescribed tune or rhythm will lead to mark deduction.

For Judges

- **Objectivity:** Judges must remain neutral throughout. No feedback of any kind, be it positive, negative, appreciative, or critical should be given to students at any point, whether during the competition or after it concludes.
- **Confidentiality:** Scores are strictly confidential and must not be disclosed to other judges, parents, students, or volunteers.
- **Integrity:** Extra vigilance is required when judging a student from one's own Centre.

Concluding & Collating Results

- Marking for each participant to be done in the standard evaluation sheet provided as per Annexures. No overwriting of marks is allowed once given.
- The students who chant at least 3 verses by heart and do not qualify for the next round may be given a participation certificate and prasad at the School level.
- Start and conclude the competition with prayers.
- The evaluation sheets of all Judges are to be marked with name and contact number of the judge.
- Compiled set of evaluation sheets for a given institution to be given to Central Coordinator LCGCC team immediately after conducting the competition.
- The LCGCC team will do the data entry and result calculation using the Excel workbook with standard formulae.
- Communication of results – each eligible candidate for the next round should be informed well in advance as well as be told to prepare for the next level.

General Guidelines

REGISTRATION AT INITIAL LEVEL:

After dispatch of the detailed communication with the brochure, the local teams should follow-up with the Schools in their areas to initiate the registration process. If a new School is being approached, the school should be provided with the introductory letter about CGCC and then the brochure should be handed over for registration.

Wherever feasible, effort should be made to use the support of the Chinmaya Vidyalaya Teachers, Parents and Mission members for approaching new Schools.

The Schools have to register by returning the Entry Form attached to the brochure duly filled in with the number of students participating under each category and the details relating to remittance of the entry donation.

A student can register for CGCC by filling a registration form either through his/her School/Institute or directly with the Centre (if the School is not supporting the CGCC) or online.

The form must have a few mandatory fields including contact details of at least one of the Parents so that we can invite them for the Centre's upcoming programmes. In certain cases, if any School does not agree to provide contact details of the Parents, we can collect the details of the School Coordinator.

PARTICIPATION AS AN OPEN ENTRANT AT SCHOOL LEVEL

If any student from a participating School is unable to participate in the preliminary competition held at any School for reasons beyond his/her control, he/she can be permitted to participate as a **'open entrant'** only if such participation is substantiated with a letter/certificate from the School concerned. In addition, all students who are studying in a non-participating School can be allowed open entry and a separate competition held for them.

ENTRY DONATION:

The **'entry donation'** for participating in the competition can be fixed by the local Centre to meet the expenses of conducting the CGCC at the local, State and National and International levels.

Entry donations in excess of INR 2,000 should be received only in the form of cheque, demand draft, or electronic fund transfer in favour of Chinmaya Mission, in accordance with the prevailing regulations in Bharat. Centres outside India may follow their respective local guidelines.

It is advisable to collect a nominal donation from all participating students. This token contribution helps the Centres to meet at least a part of the expenses incurred in organising and conducting the project.

PROCEDURAL RULE:
Each Centre to give a donation towards the State level competition.
Each State will contribute a minimum of INR 1 Lakh for
National and International expenses.

To break even and if feasible, to build a corpus for the purpose of meeting the expenses for this project in future, an attempt should be made every year to seek support for the cause by way of sponsorships from philanthropists who value the importance of such a project.

DISTRIBUTION OF BOOKLETS/DOWNLOAD FROM CGCC SITE:

Upon registration, the students who have registered shall be eligible to receive one copy of the booklet. Alternatively, the student should be able to download the shlokas through the Central CGCC site.

TRAINING:

The local teams should take all steps to ensure that the students, as well as the open entrants, in their respective areas, are adequately trained for the competition. If any School in the area needs support for training, the LCGCC (Local Chinmaya Gita Chanting Competition) team should make arrangements for such training with the support of Chinmaya Vidyalaya Teachers, Parents, Mission members, Bala Vihar Sevaks and other learned persons who may be interested in supporting the cause.

Local coordinators are encouraged to contact their Zonal coordinators for any assistance with training. Should there be a need, virtual training options should be given to provide support.

ACCOUNTING OF EXPENSES:

Expenses, if any, to be incurred by the local teams towards transportation etc., should not be adjusted against the entry donation received from the Schools. The gross amount of the entry donation should be credited to the Chinmaya Mission account. The LCGCC coordinator should place a request for an advance and the local team's expenses should be met out of the advance amount received.

Upon conclusion of the competition, the LCGCC Coordinator should submit the details of the expenses incurred against the advance amount sanctioned and settle the account. Each registration form received at the office must be given a registration number and separate record of all the forms to be maintained at the office for a given year. Also, the contribution towards registration (if any) for CGCC are to be accounted in a separate income head.

ALLOTMENT OF DEPARTMENTS & DUTIES:

It is better to have a team to work towards organising and conducting the LCGCC. The LCGCC Coordinator should form a team and allot work to different people so that maximum efficiency and a sense of yajna spirit are kindled in all.

Once the general allotment is done, the Coordinator can organise department wise meetings to discuss respective responsibilities in detail. Once the roles are assigned amongst the team of volunteers, each team member starts building a list of action items falling under one's area of responsibility.

The table that follows on page 20 summarises different areas, suggested numbers of Sevaks and their key responsibilities for execution of CGCC project. The **local Swamin or Brahmacharin** should guide and act as an empowering agent for the smooth conduct of CGCC.

ROLES vs RESPONSIBILITIES

LCGCC COORDINATOR

- Empowering team members
- Ensuring coordination amongst the team members
- Monitoring activities of each department and receiving regular updates (at least fortnightly)
- Reporting project updates to CCMT/CGCCT (monthly)
- Passing on and implementing the instructions received from CCMT/CGCCT
- Monitoring cash flows and accounts
- Conducting regular meetings and circulating minutes with action items to all
- Conducting necessary meetings at different phases of the competition and circulating minutes to all
- Taking important decisions within stipulated time (in consultation with CCMT/CGCCT if required)
- Sending reports to CGCCT

SUPPORT TEAM 1

- Preparing letters, forms, and related write-ups.
- Designing publicity materials and certificates.
- Arranging printing of publicity materials.
- Sending email invitations.
- Identifying and approaching new schools/institutions.
- Liaising with schools/institutions (new and existing).
- Facilitating the registration process.
- Documentation and data entry.
- Preparing judges' kits.
- Arranging gifts and prizes.
- Arranging printed certificates signed and bearing the names of respective students/finalists.
- Providing updates to the LCGCC Coordinator (at least fortnightly)

ROLES vs RESPONSIBILITIES

SUPPORT TEAM 1 CONT'D

VENUE ARRANGEMENTS AT THE CENTRE:

1. Ensuring overall cleanliness and decorations (if any).
2. Placing signages for key areas (toilets, shoes, water, classrooms for each category, etc.).
3. Arranging a waiting area for parents (chairs).
4. Engaging waiting parents through brief introductions to grass-root activities and spiritual programmes.

ARRANGEMENTS IN EACH CLASSROOM / COMPETITION AREA:

1. Placard indicating category and level of competition.
2. Altar arrangement.
3. Tables and chairs for judges.
4. Judges' kits and attendance sheet.
5. Proper seating arrangement for students.
6. Water and refreshments for students.
7. Tea/refreshments for judges (if provided).
8. Activities to keep students engaged.
9. Ensuring necessary facilities are arranged by the respective school/institute.

GENERAL POINTS TO NOTE:

- The competition should not be held in the presence of the Parents / Guardians
- The competition should not be live telecast.
- In case of ties, the decision should be made within the Organisers.
- The decision of the organisers is final and binding.
- Organisers should make a collective informed decision in case of latecomers and be responsible for the same for Centre and State levels

ROLES vs RESPONSIBILITIES

OUTREACH TEAM

- Fixing dates for the preliminary round of the competition for each School/Institution
- Passing on the data collected to the backend team
- Passing on the feedback from the Schools to the Coordinator
- Providing updates to the CGCC Coordinator (at least fortnightly)

TEACHING & EVALUATION

- Identifying and creating teams of potential Teachers and Judges
- Arranging a seminar for all Teachers & Judges
- Creating learning aids
- Allotting Teachers/Sevaks for conducting classes at various Schools
- Organising chanting classes for students of CGCC
- Making teams of Judges and preparing a calendar foreach team for conducting competitions at different venues
- Ensuring that the Teachers/Judges reach the competition venue at least 15 minutes prior to the class/competition to settle down in their areas.
- Passing on the judgement sheets to backend team
- Coordinate with the backend team to finalise the results (students qualifying for certificates, finals)
- Providing updates to the CGCC Coordinator (at least fortnightly)

ROLES vs RESPONSIBILITIES

PUBLICITY & FUNDRAISING

- Prepare a budget up to State level.
- Preparing a sponsorship presentation for Centre and State level (donation/prizes/materials)
- Making a list of Sponsors
- Fundraising & liaising with Sponsors
- Identifying other marketing channels
- Creating content (write-up & pictures) social media
- Ensuring social media (Website, Facebook, Instagram, Twitter) publicity
- Ensuring that the data collected through CGCC gets entered into the Centre's central database.
- Reposting significant updates of CGCC to Website / Tapovan Prasad / CCMT Outreach Team
- Providing updates to the CGCC coordinator (at least fortnightly)

Guidelines - Preliminary Competition

The local team should communicate the date and time of the preliminary round to the School authorities well ahead of time and make sure that there is no last-minute firefighting.

On the date fixed for the preliminary round, the local team should make it a point to ensure that the preparations made by the School are adequate well ahead of time. If any improvements are needed, they should request the School authorities to complete the same at the shortest possible time.

The local team should ensure that on the day of the preliminary competition, there are enough Judges to evaluate all the students who are participating. If there is a shortage of Judges, they should connect with the nearest Chinmaya Vidyalaya or members of Chinmaya Mission or Bala Vihar Sevaks and seek their help in carrying out the evaluation. They should be trained prior to the event.

The evaluation should be strictly based on criteria like pronunciation, clarity, memory, posture, etc. The evaluation sheet to be given to the Judges will contain the basis of evaluation – **Annexure 2 and 2.1**

Guidelines - Preliminary Competition

The Judges should strictly adhere to the rules of the competition and should refrain from asking irrelevant questions to the students.

All the students from a school who chant 3 verses should be given a Participation Certificate for having participated in the event.

The team can decide on the model as well as the prizes to be given at the preliminary and centre level.

Other students, who perform well in the preliminary evaluation, but do not qualify may be awarded the special Appreciation Prize.

Immediately upon conclusion of the preliminary competition for all the students in the School, the local CGCC representative should share the list of winners with the School authorities along with the appointed letters for the winners to participate in the next level.

The Local CGCC coordinator should hand over the evaluation sheet(s) duly filled in and the list of qualifiers, under each category) from each class to the Chinmaya Mission Centre immediately upon completion of the preliminary competition at each School. The format for sharing the list of qualifiers will be as per **Annexure 1** This will enable the Central Coordinator to make arrangements for the finals by assigning registration numbers for each qualifier. Accumulation and sharing of information at the eleventh hour will result in errors at the time of compilation of data relevant for the finals.

Preliminary Selection - Open Participants

The ultimate aim of the Gita Chanting Competition is to empower as many students as possible with the timeless values contained in the Bhagavad Gita in various forms. Hence, Chinmaya Mission endeavours to ensure that no child is denied the opportunity to participate in the competition. Through the competition, the Mission reaches out to thousands of families with the message of the Gita and thereby provides them with an opportunity to walk on the path of transformation.

Even though the Mission approaches and invites all Schools, there are many Schools who do not participate in the competition. In order to ensure that the students studying in such Schools are not deprived of the opportunity to participate in the competition, the Mission permits them to participate in the preliminary level competition through **'open entry'**. Hence, **'open entrants'** will be those whose schools do not participate in the competition.

Further, if any student from a participating School is unable to participate in the preliminary competition held at the School for reasons beyond his/her control, then he/she can be permitted to participate as a **'open entrant'** only if such participation is substantiated with a letter/certificate from the School concerned.

The preliminary competition for open entrants can be conducted by the Centre at a venue located in their area, subject to fulfilment of the following criteria:

- The number of such students is preferably at least 30; and
- The local CGCC team is able to get a venue (preferably a School) at minimal or no cost.

Conducting the competition for open entrants, viz., categorisation, grouping, evaluation, distribution of prizes and certificates, etc., will be similar to the preliminary level competition at Schools. The qualifying winners among the open entrants will participate in the Centre finals along with the qualifiers from the Schools.

Guidelines - Centre Level Finals

1. SUBMISSION OF QUALIFIER LISTS

The CGCC Coordinator shall forward the lists of qualifiers from Schools and Open Entry categories to the Chinmaya Mission Office immediately upon completion of the Preliminary rounds, to ensure accurate compilation of finalists for the Centre Level and subsequent stages.

2. TIMELINE

Preliminary rounds (School Level and Open Entry) should preferably be completed between **mid-July and August,** enabling the Centre Level Finals to be conducted in September. International timelines may vary accordingly.

3. COMMUNICATION WITH SCHOOLS

- Once the dates for the Centre Level Finals are finalised, an official communication shall be sent to all participating Schools at least **three weeks prior** to the Finals, clearly mentioning the date and venue.
- The list of qualifying participants must be attached for confirmation by the respective Schools.

4. ELIGIBILITY

Winners from each category at the Preliminary Level shall qualify for the Centre Level Finals.

5. PARTICIPANT ORGANISATION

- Names of participants shall be arranged alphabetically, class-wise, under each category and grouped for evaluation.
- On the day of the Finals, participant lists shall be displayed at the venue indicating the assigned classroom or hall.

6. JUDGES & EVALUATION

Judges may be invited from other Chinmaya Mission Centres to ensure objectivity. Evaluation shall follow the Preliminary criteria, with a higher standard of assessment and shall be conducted.

7. PRIZES & RECOGNITION

- It is suggested that participation certificates are given across all levels. Prizes may be awarded at the Centre level.
- A Special Motivational Prize may be awarded to a deserving student who narrowly misses the 3rd prize.
- In exceptional cases, the Judge may award one or two additional Motivational Prizes at their discretion.

Guidelines - State Level Finals

1. QUALIFICATION & PARTICIPATION

- The names of qualified children from the Centre/District Level (minimum 3; maximum as per the State's requirement) should be forwarded to the respective Chinmaya Mission Centre within the prescribed timeline.
- The Zonal Coordinator shall decide and communicate the uniform number of qualifying students from each Centre for the State Level.

2. TIMELINE

- The State Level Competition should preferably be completed between **mid-August and September.**
- This timeline ensures that the **National Level Competition can be conducted in November as scheduled.**

3. COMMUNICATION WITH SCHOOLS

- Once the State Level venue is finalised, an official email should be sent (preferably by July) to all participating Schools.
- The communication must clearly mention the **date, venue and time** of the competition.
- The list of qualifying students should be attached along with the email.

4. VENUE & CONDUCT

- All arrangements at the venue shall be made by the CGCC team members.
- The CGCC team shall ensure the smooth conduct of the Competition.

5. FINANCIAL RESPONSIBILITY

- Expenses incurred for the State Level Competition should, as far as possible, be shared equitably among the participating Centres.

Guidelines - Nationals

1. QUALIFICATION & NOMINATION

- The names of qualified participants from the State Level (maximum 2 per category, as applicable) shall be forwarded to the respective Zonal Coordinators within the stipulated timeline.
- Participation is restricted to officially declared State Level qualifiers.

2. VENUE & DATES

- The National Level Competition will be held on **21st and 22nd November at Chinmaya Vibhooti, Kolwan.**

3. COMMUNICATION & GUIDELINES

- The NGCCC Team will circulate an official email detailing the guidelines, schedule and procedures for the National Level Competition.
- Confirmation of participation must be submitted within the prescribed timeline. Failure to confirm may result in forfeiture of participation.
- In the event that a qualified participant is unable to attend, the next eligible rank holder may be nominated, subject to approval by the NGCCC Team.

4. TRAVEL, STAY & ACCOMMODATION

- To-and-fro travel expenses to Kolwan shall be borne by the participants.
- Food and accommodation for participants will be arranged by the organisers.
- Accompanying parents must bear their own food and lodging expenses.
- For Groups A, B and C, both parents may accompany their ward.
- For Groups D, E and F, only one parent (of the same gender as the participant) may accompany the ward.
- No external lodging arrangements outside the designated venue will be permitted.

5. VENUE ARRANGEMENTS & CONDUCT

- All arrangements at the venue shall be coordinated by the NCGCC Team members to ensure smooth conduct of the Competition.

6. EVALUATION & STANDARDISATION

- Evaluation at the National Level Finals shall be strictly in accordance with the criteria specified in **Annexure No. 9**
- Only the officially prescribed audio and script circulated by the CGCCC shall be treated as the standard reference for evaluation.

7. ADVANCEMENT TO INTERNATIONAL LEVEL

- The top two winners at the National Level shall be eligible to participate in the International Competition to be held in **December 2026.**
- All National Coordinators must share the details of the winners and their travel plans immediately after the National Level Competition and at least **15 days** prior to the International Competition.

Guidelines - Internationals

1. ELIGIBILITY

- The top two winners from each participating country (through the National Level Competition) shall be eligible to participate in the International Competition to be held on **20th and 21st December 2026 at Chinmaya Vibhooti, Kolwan.**
- Participation is strictly limited to officially declared National Level winners.

2. NOMINATION & COORDINATION

- Each Country Coordinator must formally submit the names and complete details of the qualifying participants to the International CGCC Team immediately after the conclusion of their National Level Competition.
- Final confirmation of participation must be communicated within the stipulated timeline.

3. TRAVEL & DOCUMENTATION

- Confirmed travel details must be shared at least 15 days prior to the International Competition.
- Participants are responsible for arranging necessary travel documents, visas (where applicable) and identification well in advance.

4. COMMUNICATION & GUIDELINES

- Detailed guidelines, schedule and accommodation information will be circulated separately by the International CGCC Team.
- All participating countries are expected to adhere strictly to the prescribed standards and official learning aids.

Prize Distribution

CENTRE & STATE LEVELS

Some Centres may prefer to conduct the prize distribution as a separate ceremony. It is suggested that the CGCC prize distribution be organised preferably by September or the first week of October of the year.

The venue may be the local Chinmaya Mission Centre or a Chinmaya Vidyalaya in the vicinity of the Centre.

The list of the prize winners under each category should be put up on the Chinmaya Mission website/newsletter along with details relating to the date, time and venue for the prize distribution. Centres can follow or communicate as per their procedure.

Communication regarding the programme should be sent to the following persons:

- Principals of the Schools that have won the overall trophy, based on total number of winners, runners-up, third and Appreciation Prize.
- Principals of the Schools whose students have won the 1st, 2nd, 3rd and Appreciation Prizes, together with the list of students who need to be informed about the prize distribution.
- Principals of the Schools that have supported the project with the participation strength of at least 500 students. Individual / corporate sponsors who have supported the project.

The prize distribution function can begin with a puja, followed by a benedictory address by a Swamin / Brahmacharin. This should be followed by the felicitation of the sponsors and volunteers who participated in the zonal teams. Thereafter, the awards should be given away to the winners.

If the prize distribution is conducted immediately after the Finals on the same day, it may be organised as a simple gathering. A Swamin or Brahmacharin may address the assembled parents and children, adding inspiration and value to the occasion. Holding the prize distribution on the same day also helps ensure that the awardees are present and avoids the difficulty of winners being absent at a later ceremony.

Prize Distribution

NATIONAL & INTERNATIONAL LEVELS

The CGCC Nationals 2025 were held over two days at Chinmaya Vibhooti:

- **Day 1:** Competition Day
- **Day 2:** Valedictory Day

The first day featured the inaugural ceremony with blessings from Pujya Swami Swaroopananda ji, the chanting competitions and parallel programmes for Parents along with cultural and educational presentations.

The second day included the valedictory function with mass Gita chanting, felicitation and prize distribution.

Internationals for 2026 will follow a similar pattern and will host students from across the globe.

Submission of Final Report

All Coordinators shall complete and submit the prescribed report template immediately upon completion of the Final Competition at their respective level. The report must accurately reflect school-wise and category-wise participation numbers.

The following reporting forms will be circulated by CCMT:

- **Centre Level Reporting Form** – to be circulated by August
- **State Level Winners Form** – to be circulated by October

National & International Levels

- National Coordinators shall submit consolidated National Level results immediately after completion of the National Finals.
- Details of the winners qualifying for the International Competition, along with travel information, must be submitted at least **15 days prior** to the International Competition.
- Participating Countries shall submit confirmation of participation and required documentation within the timelines prescribed by the International Team.

ANNEXURE 1

PRELIMINARY SELECTION - SCHOOL DETAILS

This capture School wise details for reconciliation of payment. Sheet to be filled by the Centre Coordinator.

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

PRELIMINARY SELECTION

NAME OF SCHOOL
Address:
Phone No.
Email Id.
Name & Contact No. of School Coordinator
Name(s) of the Judge(s)
Date of the Event
Class
Categories
Total Number of Participants

CATEGORY	A	B	C	D	E	F
# of Participants per Category						

ANNEXURE 2

SCHOOL - PRELIMINARY LEVEL
JUDGES EVALUATION SHEET: MEMORISATION

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

#	Name	Reg. #	Memory (45 marks)	Pronunciation (30 marks)	Presentation (15 marks)	Meter / Tune (10 marks)	Total	Rank
1								
2								
3								
4								
5								

ANNEXURE 2.1

SCHOOL - PRELIMINARY LEVEL
JUDGES EVALUATION SHEET: READING

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

#	Name	Reg. #	Pronunciation (60 marks)	Presentation (30 marks)	Meter / Tune (10 marks)	Total	Rank
1							
2							
3							
4							
5							

ANNEXURE 3

FORMAT FOR NOTIFYING THE SCHOOL WINNERS

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

PRELIMINARY SELECTION

Name of School	
Date of Selection	
Zone	

#	Category	Name of Student	Class	Prize Position (Winner / Runner / Motivational)
1				
2				
3				
4				
5				

Signature of CM Representative

ANNEXURE 3.1

SCHOOL PRELIMINARY SELECTION LIST

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

PRELIMINARY SELECTION

Name of the School

The following students have been selected for the Centre Level Competition from your esteemed School. The finals will be held on:

Date:
Day:
Timings:
Venue:

Any other specific instruction required by the Centre can be given.

In His Service
LCGCC Sevak's Name

Name / Category

#	Name	Class
1		
2		

Name / Category

#	Name	Class
1		
2		

ANNEXURE 4

FINALS TITLE / TOP SHEET FOR SCHOOL LEVEL

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

Venue	
Name & Contact No. of the CV Coordinator	
Name(s) of the Judge(s)	
Date of the Event	
Class	
Category	
Total Number of Participants	

Note:
Judges are requested to use the enclosed **'Evaluation Sheet'** to evaluate each group of Students.

ANNEXURE 5

EVALUATION SHEET
CENTRE LEVEL FINALS: MEMORISATION

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

#	Name	Reg. #	Memory (40 marks)	Pronunciation (40 marks)	Presentation (10 marks)	Meter / Tune (10 marks)	Total	Rank
1								
2								
3								
4								
5								

ANNEXURE 5.1

EVALUATION SHEET
CENTRE LEVEL FINALS: READING

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

#	Name	Reg. #	Pronunciation (60 marks)	Presentation (20 marks)	Meter / Tune (20 marks)	Total	Rank
1							
2							
3							
4							
5							

ANNEXURE 6

STATE SELECTION LIST

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

Name of the CM Centre

The following students have been selected for the State Level Competition from your esteemed Centre. The finals will be held on:

Date:
Day:
Timings:
Venue:

Any other specific instruction required by the State can be given.

In His Service
State Coordinator

Name / Category

#	Name	Class
1		
2		

Name / Category

#	Name	Class
1		
2		

ANNEXURE 7

EVALUATION SHEET
STATE LEVEL FINALS: MEMORISATION

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

#	Name	Reg. #	Memory (40 marks)	Pronunciation (40 marks)	Presentation (10 marks)	Meter / Tune (10 marks)	Total	Rank
1								
2								
3								
4								
5								

ANNEXURE 8

NATIONAL SELECTION LIST

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

Name of the State

The following students have been selected for the National Level Competition from your esteemed State. The finals will be held on:

Date:
Day:
Timings:
Venue:

Any other specific instruction required by the National team can be given.

In His Service
State Coordinator

Name / Category

#	Name	Class
1		
2		

Name / Category

#	Name	Class
1		
2		

ANNEXURE 9

EVALUATION SHEET
NATIONALS: MEMORISATION

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

#	Name	Reg. #	Memory (40 marks)	Pronunciation (40 marks)	Presentation (10 marks)	Meter / Tune (10 marks)	Total	Rank
1								
2								
3								
4								
5								

ANNEXURE 10

INTERNATIONAL SELECTION LIST

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

Name of the State

The following students have been selected for the International Level Competition from your esteemed Country. The finals will be held on:

Date:
Day:
Timings:
Venue:

Any other specific instruction required by the National team can be given.

In His Service
CGCC Global Coordinator

Name / Category

#	Name	Class
1		
2		

Name / Category

#	Name	Class
1		
2		

ANNEXURE 11

FORMAT FOR NOTIFYING PRIZE WINNERS

(Please use separate sheets for providing the names of 1st, 2nd, 3rd Prize Winners)

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

#	Reg. #	Category	Name	Class	Name of School
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

ANNEXURE 12

APPLICATION FOR PARTICIPATION

* Parent will sign in case School is not participating

CHINMAYA GITA CHANTING COMPETITION
NAME OF CENTRE: YEAR:

Name of the Student	
Address	
Contact Phone No.	
Email Id.	
Class studying	
Name & Contact No. of the School Coordinator *	
Name of the Parent *	
Contact details of the Parent	
Approval of Principal *	
Approval of Parent *	
Signature of Student	

ANNEXURE 13

TIMELINES FOR INTERNATIONAL LEVEL 2026

#	Action Point	Timelines (On or before)	Timelines
1	Information about the chapter and rules sent to local Centres.	**9 Jan 2026**	**T-345**
2	Workshops for students and teachers.	**10 Jan 2026 to 09 Feb 2026**	**T-345 to T-315**
3	Materials accessible for download by local Centres.	**8 Mar 2026**	**T-287**
4	Preliminary email to schools from local Centres.	**30 Mar 2026**	**T-264**
5	GCC brochure finalised by local Centre.	**30 Mar 2026**	**T-264**
6	Detailed communication + brochure sent to Schools.	**17 Apr 2026**	**T-247**
7	GCC booklet printed and procured (Bharat).	**25 Apr 2026**	**T-239**
8	Poster, brochure, booklet, audio hosted on central site.	**25 Apr 2026**	**T-239**
9	Registration begins (varies by Centre).	**25 Apr 2026**	**T-239**
10	Workshop communication sent (if applicable).	**21 Jun 2026**	**T-192**
11	Orders for medals/certificates (State/National/International).	**5 Jul 2026**	**T-178**
12	Registration closes (can extend to early Sept).	**19 Aug 2026**	**T-132**

ANNEXURE 13

TIMELINES FOR INTERNATIONAL LEVEL 2026

#	Action Point	Timelines (On or before)	Timelines
13	Preliminary Level Competition begins.	**03 Sep 26**	**T-117**
14	Preliminary Level Competition ends.	**18 Sep 26**	**T-102**
15	Preliminary Competition for Direct Entrants.	**18 Sep -26**	**T-102**
16	Schools notified of finals (early Oct).	**26 Sep 26**	**T-94**
17	Judges notified of finals.	**26 Sep 26**	**T-94**
18	Finals hosted (can defer if conflicted).	**4 Oct 2026**	**T-86**
19	Prize orders placed (based on winners).	**4 Oct 2026**	**T-86**
20	Prize distribution (can shift if finals deferred).	**20 Oct 2026**	**T-70**
21	State Level Finals & Prize Distribution.	**4 Oct 2026**	**T-86**
22	National Level Competition & Prize Distribution.	**21 & 22 Nov 2026**	**T-29**
23	International Level Competition & Prize Distribution	**20 & 21 Dec 2026**	**T-0**

ANNEXURE 14

CONTACT DETAILS OF CO-ORDINATORS

	Zone	Coordinator	Contact Number	Email
Global	CCMT*	Smt Vijayashree Raju Anandas	+91 9822211326	chantgita@chinmayamission.com
		Brni Veena Chaitanya	+91 9594631927	
Bharat	East	Smt Jayashree Chandrashekhar	+91 9831034237	jayashree_c2000@yahoo.com
	West	Smt Manjula Vasudevan	+91 9004658853	manjulavasudevan@yahoo.com
	North	Smt Lalitha Prakash	+91 9313634923	lalita_prakash06@yahoo.co.in
	South	Shri Harishyam	+91 9444287820	harishyamsa@gmail.com
	Vidyalayas	Smt Meena Sriram	+91 9840834372	meenasriram@gmail.com academicadministrator@chinmayaeducationcell.org
Auckland		Smt Parvati Krishnamoorthy		parkri89@gmail.com
Australia		Swami Shrikarananda	+61 416482149	sshrikarananda@chinmaya.com.au
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		Shri Krishnan Rajaram	+44 7747138184	magickrish@gmail.com
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	Dubai	Smt Kavitha Ganesh	+971 508102460	kavithaneels@gmail.com
	Bahrain	Shri Atul Shinde	+973 39478821	atulss2004@gmail.com
	Kuwait	Shri Vijay Dodeja	+965 99594108	vdodeja@gmail.com

ANNEXURE 15

BHAGAVAD GITA CHAPTER 12 – AUDIO LINK:

www.chinmayamission.com/global/chinmaya-gita-chanting-competition-2026

ANNEXURE 15.1

CHAPTER 12

भक्तियोग: (bhakti-yogaḥ)

ॐ श्रीपरमात्मने नमः। अथ द्वादशोऽध्यायः। भक्तियोगः।
om śrīparamātmane namaḥ. atha dvādaśo'dhyāyaḥ. bhaktiyogaḥ.

1	**अर्जुन उवाच।** **एवं सततयुक्ता ये** **भक्तास्त्वां पर्युपासते।** **ये चाप्यक्षरमव्यक्तम्** **तेषां के योगवित्तमाः॥**	arjuna uvāca evaṁ satatayuktā ye bhaktāstvāṁ paryupāsate ye cāpyakṣaramavyaktam teṣāṁ ke yogavittamāḥ
2	**श्रीभगवानुवाच।** **मय्यावेश्य मनो ये माम्** **नित्ययुक्ता उपासते।** **श्रद्धया परयोपेताः** **ते मे युक्ततमा मताः॥**	śrībhagavānuvāca mayyāveśya mano ye mām nityayuktā upāsate śraddhayā parayopetāḥ te me yuktatamā matāḥ
3	**ये त्वक्षरमनिर्देश्यम्** **अव्यक्तं पर्युपासते।** **सर्वत्रगमचिन्त्यं च** **कूटस्थमचलं ध्रुवम्॥**	ye tvakṣaramanirdeśyam avyaktaṁ paryupāsate sarvatragamacintyaṁ ca kūṭasthamacalaṁ dhruvam
4	**सन्नियम्येन्द्रियग्रामम्** **सर्वत्र समबुद्धयः।** **ते प्राप्नुवन्ति मामेव** **सर्वभूतहिते रताः॥**	sanniyamyendriyagrāmam sarvatra samabuddhayaḥ te prāpnuvanti māmeva sarvabhūtahite ratāḥ

ANNEXURE 15.1

CHAPTER 12

5	क्लेशोऽधिकतरस्तेषाम् अव्यक्तासक्तचेतसाम्। अव्यक्ता हि गतिर्दुःखम् देहवद्भिरवाप्यते॥	kleśo'dhikatarasteṣām avyaktāsaktacetasām avyaktā hi gatirduḥkham dehavadbhiravāpyate
6	ये तु सर्वाणि कर्माणि मयि सन्न्यस्य मत्पराः। अनन्येनैव योगेन मां ध्यायन्त उपासते॥	ye tu sarvāṇi karmāṇi mayi sannyasya matparāḥ ananyenaiva yogena māṁ dhyāyanta upāsate
7	तेषामहं समुद्धर्ता मृत्युसंसारसागरात्। भवामि नचिरात्पार्थ मय्यावेशितचेतसाम्॥	teṣāmahaṁ samuddhartā mṛtyusaṁsārasāgarāt bhavāmi nacirātpārtha mayyāveśitacetasām
8	मय्येव मन आधत्स्व मयि बुद्धिं निवेशय। निवसिष्यसि मय्येव अत ऊर्ध्वं न संशयः॥	mayyeva mana ādhatsva mayi buddhiṁ niveśaya nivasiṣyasi mayyeva ata ūrdhvaṁ na saṁśayaḥ
9	अथ चित्तं समाधातुम् न शक्नोषि मयि स्थिरम्। अभ्यासयोगेन ततः मामिच्छाप्तुं धनञ्जय॥	atha cittaṁ samādhātum na śaknoṣi mayi sthiram abhyāsayogena tataḥ māmicchāptuṁ dhanañjaya
10	अभ्यासेऽप्यसमर्थोऽसि मत्कर्मपरमो भव। मदर्थमपि कर्माणि कुर्वन्सिद्धिमवाप्स्यसि॥	abhyāse'pyasamartho'si matkarmaparamo bhava madarthamapi karmāṇi kurvansiddhimavāpsyasi
11	अथैतदप्यशक्तोऽसि कर्तुं मद्योगमाश्रितः। सर्वकर्मफलत्यागम् ततः कुरु यतात्मवान्॥	athaitadapyaśakto'si kartuṁ madyogamāśritaḥ sarvakarmaphalatyāgam tataḥkuru yatātmavān

ANNEXURE 15.1

CHAPTER 12

12	श्रेयो हि ज्ञानमभ्यासात् ज्ञानाद्ध्यानं विशिष्यते। ध्यानात्कर्मफलत्याग: त्यागाच्छान्तिरनन्तरम्॥	śreyo hi jñānamabhyāsāt jñānāddhyānaṁ viśiṣyate dhyānātkarmaphalatyāgaḥ tyāgācchāntiranantaram
13	अद्वेष्टा सर्वभूतानाम् मैत्र: करुण एव च। निर्ममो निरहङ्कार: समदु:खसुख: क्षमी॥	adveṣṭā sarvabhūtānām maitraḥ karuṇa eva ca nirmamo nirahaṅkāraḥ samaduḥkhasukhaḥ kṣamī
14	सन्तुष्ट: सततं योगी यतात्मा दृढनिश्चय:। मय्यर्पितमनोबुद्धि: यो मद्भक्त: स मे प्रिय:॥	santuṣṭaḥ satataṁ yogī yatātmā dṛḍhaniścayaḥ mayyarpitamanobuddhiḥ yo madbhaktaḥ sa me priyaḥ
15	यस्मान्नोद्विजते लोक: लोकान्नोद्विजते च य:। हर्षामर्षभयोद्वेगै: मुक्तो य: स च मे प्रिय:॥	yasmānnodvijate lokaḥ lokānnodvijate ca yaḥ harṣāmarṣabhayodvegaiḥ mukto yaḥ sa ca me priyaḥ
16	अनपेक्ष: शुचिर्दक्ष: उदासीनो गतव्यथ:। सर्वारम्भपरित्यागी यो मद्भक्त: स मे प्रिय:॥	anapekṣaḥ śucirdakṣaḥ udāsīno gatavyathaḥ sarvārambhaparityāgī yo madbhaktaḥ sa me priyaḥ
17	यो न हृष्यति न द्वेष्टि न शोचति न काङ्क्षति। शुभाशुभपरित्यागी भक्तिमान्य: स मे प्रिय:॥	yo na hṛṣyati na dveṣṭi na śocati na kāṅkṣati śubhāśubhaparityāgī bhaktimānyaḥ sa me priyaḥ
18	सम: शत्रौ च मित्रे च तथा मानापमानयो:। शीतोष्णसुखदु:खेषु सम: सङ्गविवर्जित:॥	samaḥ śatrau ca mitre ca tathā mānāpamānayoḥ śītoṣṇasukhaduḥkheṣu samaḥ saṅgavivarjitaḥ

ANNEXURE 15.1

CHAPTER 12

19	**तुल्यनिन्दास्तुतिर्मौनी** **सन्तुष्टो येन केनचित्।** **अनिकेतः स्थिरमतिः** **भक्तिमान्मे प्रियो नरः॥**	tulyanindāstutirmaunī santuṣṭo yena kenacit aniketaḥ sthiramatiḥ bhaktimānme priyo naraḥ
20	**ये तु धर्म्यामृतमिदम्** **यथोक्तं पर्युपासते।** **श्रद्दधाना मत्परमाः** **भक्तास्तेऽतीव मे प्रियाः॥**	ye tu dharmyāmṛtamidam yathoktaṁ paryupāsate śraddadhānā matparamāḥ bhaktāste'tīva me priyāḥ

ॐ तत्सत्।
इति श्रीमद्भगवद्गीतासु
उपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे श्रीकृष्णार्जुनसंवादे
भक्तियोगो नाम द्वादशोऽध्यायः॥
श्रीकृष्णार्पणमस्तु॥

om tatsat
iti śrīmadbhagavadgītāsu upaniṣatsu
brahmavidyāyāṁ yogaśāstre śrīkṛṣṇārjunasaṁvāde
bhaktiyogo nāma dvādaśo'dhyāyaḥ
śrīkṛṣṇārpaṇamastu

ANNEXURE 16

GITA PANCHAMRIT

1	**उद्धरेदात्मनात्मानं** **नात्मानमवसादयेत् |** **आत्मैव ह्यात्मनो बन्धुः** **आत्मैव रिपुरात्मनः || ६-५ ||**	uddhared-ātmanātmānaṁ nātmānam-avasādayet, ātmaiva hyātmano bandhuḥ ātmaiva ripur-ātmanaḥ. (6.5)
2	**कर्मण्येवाधिकारस्ते** **मा फलेषु कदाचन |** **मा कर्मफलहेतुर्भूः** **मा ते सङ्गोऽस्त्वकर्मणि || २-४७ ||**	karmaṇyevādhikāraste mā phaleṣu kadācana, mā karmaphalaheturbhuḥ mā te saṅgo'stvakarmaṇi. (2.47)
3	**यत्करोषि यदश्नासि** **यज्जुहोषि ददासि यत् |** **यत्तपस्यसि कौन्तेय** **तत्कुरुष्व मदर्पणम् || ९-२७ ||**	yatkaroṣi yadaśnāsi yajjuhoṣi dadāsi yat, yattapasyasi kaunteya tatkuruṣva madarpaṇam. (9.27)
4	**अनन्याश्चिन्तयन्तो मां** **ये जनाः पर्युपासते |** **तेषां नित्याभियुक्तानां** **योगक्षेमं वहाम्यहम् || ९-२२ ||**	ananyāścintayanto māṁ ye janāḥ paryupāsate, teṣāṁ nityābhiyuktānāṁ yogakṣemaṁ vahāmyaham. (9.22)
5	**सर्वधर्मान्परित्यज्य** **मामेकं शरणं व्रज |** **अहं त्वा सर्वपापेभ्यः** **मोक्षयिष्यामि मा शुचः|| १८-६६ ||**	sarvadharmān-parityajya mām-ekaṁ śaraṇaṁ vraja, ahaṁ tvā sarvapāpebhyaḥ mokṣayiṣyāmi mā śucaḥ. (18.66)

2026

Chinmaya Gita Chanting Competition

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CHINMAYA AMRIT MAHOTSAV 75 years