

CHINMAYA MISSION

COVID-19

Relief Measures



Foreword

Hari Om! The COVID-19 situation is gradually improving in India, with the collaborative efforts of frontline workers, doctors, NGOs, volunteers and generous donors like you. The Government and doctors have repeatedly said that testing and vaccination are the basic ways of fighting COVID-19. While the Government of India is doing its best on the vaccination front, various organizations have lent a hand in improving the infrastructure requirements for testing drives as well as at hospitals. Chinmaya Mission has stood by India in this hour of need.

Pujya Gurudev Swami Chinmayananda said, "Love is to human hearts what Sun is to flowers". I am deeply moved by the outpouring of love from all sides. This would bring respite to many, including the Primary Healthcare Centres working in remote areas of the country, and also to the hospitals and frontline workers treating COVID-19 patients.

With your generous support, Chinmaya Mission has now reached out to 1,34,851 beneficiaries through 209 frontline partners, including 63 hospitals and 124 Primary Healthcare Centres, in 15 Indian states.

The mantra 'Each One Reach One' continues to be just as important. We are all in this together and please remember, our work does not stop here. Together We Can, and We Must.

Thank you for your unwavering support and generosity; in offering your valuable time as well as financial contributions.

May Pujya Gurudev keep you and your family members in HIS loving care.

Stay safe! Stay healthy!

Swami Swaroopananda
Global Head
Chinmaya Mission

1,34,851
Beneficiaries

209
Frontline
Partners

63
Hospitals

124
Primary Healthcare
Centres

15
States



2

ECG Machines



1

O2 Plant



4

Ventilators



110

Oxygen Concentrators



5,000

Rapid Antigen Kits



61

Thermal Scanners



1,500

Disposable Bed-sheets



60

Digital BP Monitors



60

Glucometers



7,700

PPE kits



1,500

Disposable gowns



610

Pulse Oximeters



2,000

Insulin Syringes



1,515 (L)

Hand Sanitizers



28,100

Masks



8,100

Gloves



8,010

Glucometer Strips



1,100

Nasal Cannula



1,000

Face Shields



2,10,000

Medicines



10,500

Injections



2

Multipara monitor



Happiness depends on what you can give, not on what you can get.

- Swami Chinmayananda



Glimpses of Support Work Facilitated by CCMT:



Chinmaya Mission donated 5,000 Rapid Antigen kits and 31,500 medicine kits to 12 blocks in the Kolhapur district of Maharashtra, namely:
Ajara, Bhudargad, Chandgad, Gadhinglaj, Gaganavda, Hatkanangale, Kagal, Karvir, Panhala, Radhanagari, Shahuwadi and Shirol.



On behalf of CCMT, Bedi Foundation donated 5 oxygen concentrators to the District Collector at Dharamshala, Himachal Pradesh.



CCMT facilitated the procurement of 10 cardiac monitors for Chinmaya Mission Hospital, Bengaluru, Karnataka.



10 oxygen concentrators (10L), 1000 PPE kits and 300 NRM masks were donated to Government Rajindra Hospital, Patiala, Punjab, by Chinmaya Mission.



Chinmaya Mission has donated 75 pulse oximeters, 6,000 PPE kits, 15,000 NRM masks, 30 thermal scanners, 600 gloves and 5L of hand sanitizer to Swaraj Shikshan Sansthan, Ratnagiri, Maharashtra.



Karma Foundation donated 100 PPE kits to Lal Bahadur Shastri Medical College and Hospital, Mandi, Himachal Pradesh, an offering that was facilitated by CCMT.

Chinmaya Mission extends support to GRIEVING COVID AFFECTED FAMILIES



Online
GRIEF MANAGEMENT
By expert Psychologists



SUNDAYS
4.30 - 5.30 pm (IST)

Every fortnight starting 6th June, 2021

via ZOOM

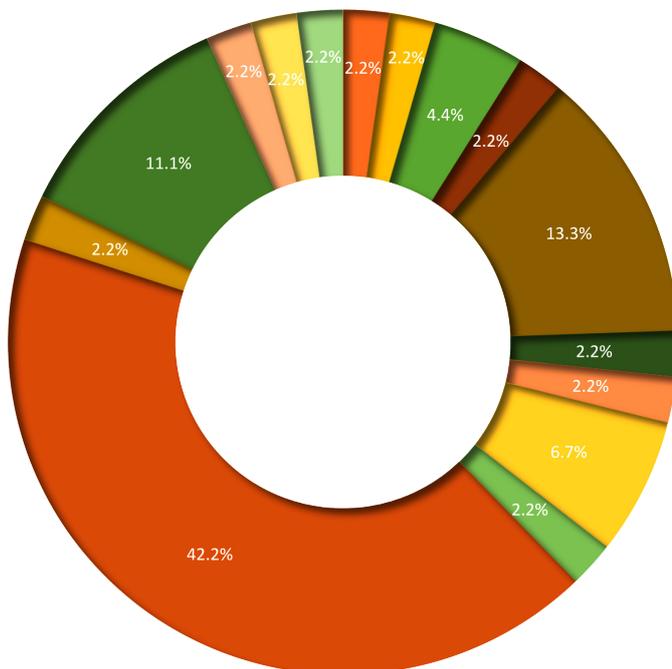
Sessions are free but registration is compulsory.

To register please visit
<http://www.chinmayamission.com/MentalHealth>

In this unprecedented pandemic, many lost their loved ones. These losses have been so sudden and traumatic that there has been no time to prepare for the onslaught. At such times it becomes important to compose oneself and to manage and cope with the burden of the immense grief that sometimes follows.

If it is not handled appropriately, grief can become chronic, leading to other mental health problems. Hence, Chinmaya Mission has started a **Grief Management Psycho-educational Group**, that will provide inputs on how to cope with grief in a healthy manner. This group will clarify myths about the process of grieving and present facts that will give clarity on what to expect. Tools and techniques to manage the complex emotions that arise, would also be provided.

The group, facilitated by mental health experts with a wide range of experience in the field, would meet **every fortnight, via Zoom**. The first session was successfully conducted on 6 June 2021.



State-Wise Distribution

- Andhra Pradesh
- Assam
- Goa
- Haryana
- Himachal Pradesh
- Jharkhand
- Karnataka
- Kerala
- Madhya Pradesh
- Maharashtra
- Punjab
- Tamil Nadu
- Telangana
- Uttar Pradesh
- West Bengal



Jamshedpur, Jharkhand

Guwahati, Assam

Kolkata, West Bengal

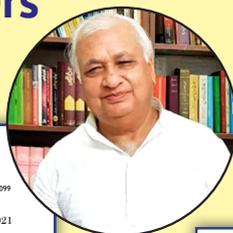
Nileshwar, Kerala

Thrissur, Kerala

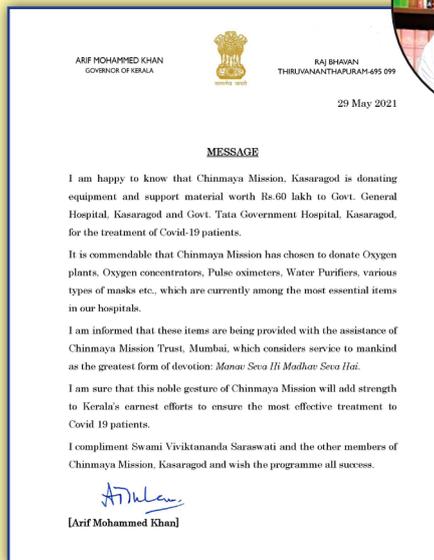
Glimpses of Local Initiatives by Various Chinmaya Mission Centres:

- Chinmaya Mission Jamshedpur distributed food packets to 430 underprivileged members of the community, in association with Subhash Yuva Manch.
- Chinmaya Mission Guwahati handed over a cheque of INR 2 lakhs as a contribution towards the Chief Minister's Relief Fund.
- Chinmaya Mission Kolkata donated INR 3 lakhs to Bharat Sevashram Sangh for the purchase of 4 oxygen concentrators for their hospital at Joka, near IIM, Kolkata.
- Chinmaya Mission Thrissur has been supporting COVID-19 relief efforts in various ways. Spray dispensers and foggers were donated to Sevabharathi, along with the disinfecting chemical too. Support was also rendered to the local Panchayat by donating rice for inclusion in food kits. Furthermore, assistance has been provided to staff affected by COVID-19.
- Chinmaya Mission Nileshwar donated 2 oxygen concentrators and 4 oxygen refill cylinders to Taluk Hospital, Nileshwar.

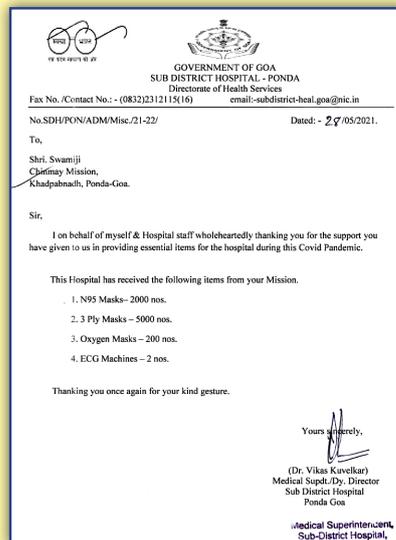
Appreciation Letters



Arif Mohammed Khan,
Governor of Kerala



Government of Goa



Our heartfelt gratitude to Chinmaya Mission St. Augustine and Chinmaya Mission Washington Regional Centre, for their generous donations towards the 'Each One Reach One' COVID-19 relief initiative.

Our special thanks to Treat Republic-UK, Divya Seva Foundation, Shapoorji Pallonji Group, Bedi Foundation and Karma Foundation for their generosity in supporting Chinmaya Mission's relief work during this tumultuous time.

To lend a hand in this time of need, you can learn more and donate by clicking on this link: <https://www.2gfund.com/CMCovid19Relief> | Website: <http://www.chinmayamission.com>