



# ChinZest

## The Chinmaya Quest



### ANSWERS

**Q2. How many times does Pujya Gurudev say "Rama" in this video?**

***Answer - 13***

**Q3. In this video, what according to Gurudev is the theme of the Bhagavad Geeta - Chapter 18?**

***Answer - Metamorphosis of our Personality***

**Q4. Light is not electricity, heat is not electricity, sound is not electricity. But light, heat and sound is electricity.**

**That is called An Indicative definition.**

**Q5. Sanātana Dharma, or Hinduism has this capacity to grow and expand in order to embrace society when**

**society grows out of proportion.**



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## OUR WINNERS

The winners have been decided on the basis of the answers for Q2 to Q5. Interesting responses for Q1 are published below as it was open-ended.

1. Piyush Kedia - Rourkela, India
2. Mythili K - Puducherry, India
3. Sivashankari Subramanian - Berwick, Australia
4. Varsha Venkitaraman - Mumbai, India
5. Bhupender Kumar - Jabalpur, India
6. Neelanjana Suresh - Pune, India
7. Amrutha - Chennai, India
8. Nishkala - Chennai, India
9. Radhika Kannan - Chennai, India
10. K. Kavitha - Chittoor, India
11. Megha Goel - Chennai, India
12. Sai Amritha Ramanan - Chennai, India
13. Vipanjika Nair - Trivandrum, India
14. Keerthi Rajendran - Palakkad, India
15. Hayagreev Simhan - Chennai, India
16. Anu Luthra Malik - Noida, India
17. D M Lakshmanarao - Vishakhapatnam, India
18. Sunaina Jayakanth - Kannur, India

All Winners will be notified of their prizes by August 7th, 2020



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19. Vasudev Anand - Chennai, India

20. Amritha Anand - Chennai, India

21. Manju Tyagi - Roorkee, India

22. Nita - Kannur, India

23. Dhananjay B - Palakkad, India

24. Shree Sundar - Chennai, India

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### Q1 – A Collection of Interesting Responses

*Mythili K - Puducherry, India*

The Lord and the Guru in their Infinite compassion looks after each one of us so well. But we the Jiva (rat) sometimes forget our true goal and indulge too much in worldly pleasures and develop a bloated ego (lion) totally forgetting the Lord and the Guru. There at that moment, the Lord and the Guru out of their compassion gives us such situations in life, making us realise how far we have gone away from our spiritual path and make us turn towards them again.

*Varsha Venkitaraman - Mumbai, India*

As long as we keep looking in the outside world, our desires and fears will be never ending. As soon as we tackle one fear/desire, there is always another one. We keep going through them like one target after the other, thus postponing our own happiness.



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### Q1 – A Collection of Interesting Responses

*Farshid Irani - Pune, India*

**The Other Learnings Are: (1) The Teachings of Parents and Guru are Invaluable.**

**(2) Guru is and always will be ahead of us from the worldly standpoint. Never question his faith and fidelity for the welfare of society. We may not understand him sometimes, but his vision is All Inclusive.**

**(3) Ego will make us fall hence beware of it and take an honest checkup of ourselves from time to time to remain focused on the goal with humility in our hearts.**

*Samitha P.H - Chennai, India*

**"In life to handle yourself use your head but to handle others use your heart" by H.H Swami Chinmayananda. I think that all the mothers in the earth think and do the same. By nature itself they will have this knowledge. That is why mother is equal to god and Blessing from a mother is equal to blessing from god. This is the other learning that I observed from the story.**



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### Q1 – A Collection of Interesting Responses

*Nirupama Guruprasad - Bangalore, India*

**Be proud and devoted to your country. Never miss an opportunity to enjoy kirtan and remember the Lord. Be in the moment. Be childlike and a child with children.**

*Sai Amritha Ramanan - Chennai, India*

**We should never let greed and pride become the better of us as it leads to one's downfall. One must also stay grounded and connected with who they are. Another message to pick up is that we must learn to face our fears in our own capabilities.**

*Deepa Rai - Los Altos, USA*

**Another teaching from the story is that you will suffer the consequences of your actions. As Gurudev points out in many of His books, "You are punished BY your actions, not FOR your actions", following the laws of nature. If you behave badly, you will have to suffer for it due to your actions. Similarly, good actions, results in merits.**



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### Q1 – A Collection of Interesting Responses

*Siddharth.V - Tamil Nadu, India*

For every creature there is a challenge...the solution is not transforming the external looks but the transformation within the self gives the best solution.

*Meenakshi - Chennai, India*

Never change your attitude and always have gratitude towards everyone.

*Sarthak Ajay Taras - Khamgaon, India*

Gurudev said that even though you reach the sky, your legs should stay in the ground.

*Tejal Patel Kolar - Bangalore, India*

No matter how great you become, you must not forget to be grateful to everyone who has helped you get there. The little rat can be compared to our ego. The more we feed it, and keep fulfilling our egocentric desires, the bigger it becomes, and one fine day it will come to eat us only(meaning, destroy us). We must learn to keep the ego in check.